



ELECTRIC SMOOTHIES

—Weight Loss—

Raw Smoothies & Ice-Cream For
Drastic Weight Loss

ZESTFOREVER

TABLE OF CONTENTS

A magazine is a periodical publication, which can either be printed or published electronically. It is issued regularly, usually every week or every month, and it contains a variety of content. This can include articles, stories, photographs, and advertisements.



Meet the chef 01

Think of a compelling feature for your cover story. This will be what draws your audience in. Make sure that you have accompanying visual content that immediately catches the eye. Include photos, illustrations, and other graphics to match. Appeal to your audience, choose the right fonts and images, and you'll have a magazine that people will remember for years to come.



03 The basic

Writing all your articles and adding them to your layout, list down all the titles to set up your table of contents. You can add a brief description for each article or keep it simple and paste the feature titles on the page. Don't forget your page numbers too!

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MEET THE CHEF

"Anything worth
having takes time."

- @reallygreatsite



Howard Ong

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THE BASIC

Ingredients

To create your own, choose a topic that interests you. It can be anything from fashion and beauty to travel and the news. Once you have your overall theme, you can start brainstorming the content. Just starting? Design a memorable masthead with an equally memorable name.

Think of a compelling feature for your cover story. This will be what draws your audience in. Make sure that you have accompanying visual content that immediately catches the eye. Include photos, illustrations, and other graphics to match. Appeal to your audience, choose the right fonts.

Essential ingredients

Flour

Once you have your overall theme, you can start brainstorming the content.

Egg

Think about what your audience would be interested in and get writing!

Sugar & salt

Make sure that you have accompanying visual content that immediately catches the eye.

Dairy

When you've decided on your cover story, come up with a list of topics for your feature articles.

Butter

This can range from interviews, product reviews, human interest pieces, and even lists.

Walnuts

This can include articles and stories.

Chocolates

Choose a topic that interests you.

Almonds

Choose the right fonts and images

Cheeses

Come up with a list of topics

Caramel

Can range from interviews and product reviews.

Honey

Your audience would be interested.

Adding ingredients

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After writing all your articles and adding them to your layout, list down all the titles to set up your table of contents. You can add a brief description for each article or keep it simple and paste the feature titles on the page. Don't forget your page numbers too!





Cupcake

When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews, product reviews, human interest pieces, and even lists. Think about what your audience would be interested in and get writing! Again, choose engaging photos and graphics to accompany your words, as these also help catch your audience's eye.

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HOW TO MAKE CUPCAKE

 **Prep**
15 Mins

 **Time**
30 Mins

 **Serves**
4

 **Level**
Easy

Ingredients

Unsalted butter	1/8 tsp
Granulated sugar	1/8 tsp
Salt	1/2 tsp
Eggs	3
Vanilla	2 tsp
Flour	1/2 cop
Cocoa powder	1/2 cop
Chocolate chips	1/2 cop

Direction

STEP 1

To create your own, choose a topic that interests you. It can be anything from fashion and beauty to travel and the news. Once you have your overall theme, you can start brainstorming the content.

STEP 2

Think of a compelling feature for your cover story. This will be what draws your audience in. Make sure that you have accompanying visual content that immediately catches the eye.

STEP 3

Appeal to your audience, choose the right fonts and images, and you'll have a magazine that people will remember for years to come.

STEP 4

When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews, product reviews, human interest pieces, and even lists.



————— *Enjoy*

STRAWBERRY LEMONADE

When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews, product reviews, human interest pieces, and even lists. Think about what your audience would be interested in and get writing!

Again, choose engaging photos and graphics to accompany your words, as these also help catch your audience's eye.





DESSERT · HEALTHY AND EASY ·

Direction

STEP 1

Think of a compelling feature for your cover story. This will be what draws your audience in. Make sure that you have accompanying visual content that immediately catches the eye.

STEP 2

When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews, product reviews, human interest pieces, and even lists.

STEP 3

Most magazines feature a full-page advertisement, which you're also welcome to do. Why not partner with a local business and feature their products? Not your style?

STEP 4

To create your own, choose a topic that interests you. It can be anything from fashion and beauty to travel and the news. Once you have your overall theme, you can start brainstorming the content.

— STRAWBERRY CAKE —



 **Prep**
15 Mins

 **Time**
30 Mins

 **Serves**
4

 **Level**
Easy

“

Fresh strawberry cake

”

Direction

STEP 1

To create your own, choose a topic that interests you. It can be anything from fashion and beauty to travel and the news.

STEP 2

Make sure that you have accompanying visual content that immediately catches the eye. Include photos, illustrations, and other graphics to match.

STEP 3

Writing all your articles and adding them to your layout, list down all the titles to set up your table of contents. You can add a brief description for each article.

STEP 4

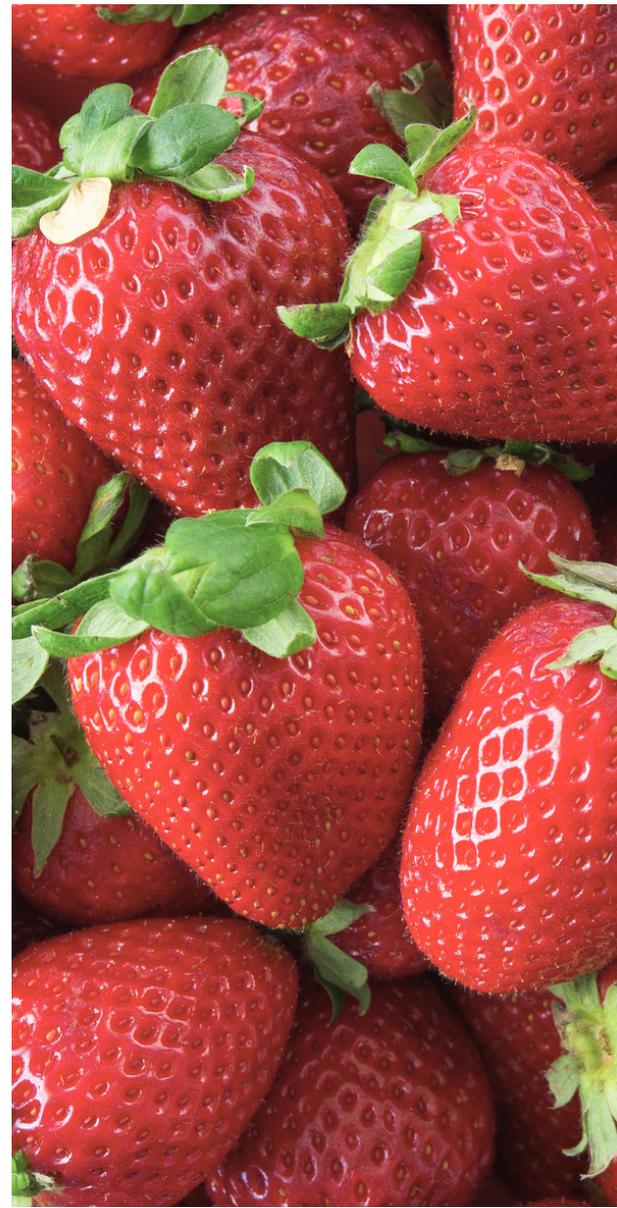
When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews and product reviews

STEP 5

Most magazines feature a full-page advertisement, which you're also welcome to do. Why not partner with a local business and feature their products?

Ingredients

Salted butter	1/8 tsp
Granulated sugar	1/8 tsp
All-purpose flour	1/2 tsp
Eggs	3
Vanilla flavor	2 tsp
Fresh milk	1/2 cop
Baking powder	1/2 cop
Fresh strawberry	1/2 cop





Ingredients

Unsalted butter	1/8 tsp
Pasta flour	1/8 tsp
Sugar	1/2 tsp
Apples peeled	3
Vanilla	2 tsp
Cinnamon	1/2 cop
Fresh apple	1/2 cop
Nutmeg	1/2 cop

APPLE CROSTATATA

Direction

STEP 1

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STEP 2

When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews, product reviews, human interest pieces, and even lists.

STEP 3

Most magazines feature a full-page advertisement, which you're also welcome to do. Why not partner with a local business and feature their products? Not your style?

STEP 4

After writing all your articles and adding them to your layout, list down all the titles to set up your table of contents. You can add a brief description for each article or keep it simple and paste the feature titles on the page.

About menu

A magazine is a periodical publication, which can either be printed or published electronically. It is issued regularly, usually every week or every month, and it contains a variety of content. This can include articles, stories, photographs, and advertisements.

 **Prep**
15 Mins

 **Time**
30 Mins

 **Serves**
4

 **Level**
Easy





Special tips _____

THE PERFECT CAKE

A magazine is a periodical publication, which can either be printed or published electronically. It is issued regularly, usually every week or every month, and it contains a variety of content. This can include articles, stories, photographs, and advertisements.

**"Happiness
is a habit."**

- @reallygreatsite

Next, think of a compelling feature for your cover story. This will be what draws your audience in. Make sure that you have accompanying visual content that immediately catches the eye. Include photos, illustrations, and other graphics to match.



Tips 1

When you've decided on your cover story, come up with a list of topics for your feature articles. This can range from interviews, product reviews, human interest pieces.

- Can either be printed or published electronically.
- Can include articles, stories, photographs, and advertisements.
- To create your own, choose a topic that interests you.

Tips 2

After writing all your articles and adding them to your layout, list down all the titles to set up your table of contents. You can add a brief description for each article or keep it simple and paste the feature titles on the page. Don't forget your page numbers too!

- What style are you going for?
- Is it playful? Classic? Bold?
- A good masthead captures the essence of your magazine,



Tips 3

Finally, design your back page. Most magazines feature a full-page advertisement, which you're also welcome to do.

- Why not partner with a local business and feature their products? Not your style?
- Not your style? Simply include some contact information and tell your audience how to reach you.
- Add your social media handles, email, or even any publication information.

Cookbook
by Sacha Dubois

PASTRYLLIA

"It's okay to take
a break."

– @reallygreatsite

